

Central Aquatic Center

Located at 520 Fairground Street next to the Cobb Civic Center in the Larry Bell Fitness Complex

Hours of operation:

Lap Swim:	Mon-Thurs	6 am-8 pm
	Fri	6 am-6 pm
	Sat	9 am-2 pm

Call for available open swim times (770) 528-8465.

Swimming Lessons Fall 2013

Session I	Canceled due to Renovations
Session II	Sept 9-26
Session III	Sept 30-Oct 17
Saturday	Sept 7-Oct 12

Swim lesson registration for Cobb County Residents will be held at 9:00 am on August 10th, 2013.

Non-Cobb resident's registration begins at 9:00 am on August 11th.

Mountain View Aquatic Center

Located at 2650 Gordy Parkway in East Cobb

Hours of operation:

Lap Swim:	Mon.-Fri.	6 am-8 pm
	Sat	9 am-12 pm

Call for available open swim times (770) 509-4925.

Swimming Lessons Fall 2013

Session I	Aug 12-29
Session II	Sept 9-26
Session III	Sept 30-Oct 17
Saturday	Aug 17-Sept 21

Swim lesson registration for Cobb County Residents will be held at 12:00 pm on August 10th, 2013

Non-Cobb resident's registration begins at 12:00 pm on August 12th

West Cobb Aquatic Center

Located at 3675 Macland Road in Powder Springs

Hours of operation:

Lap Swim:	Mon.-Fri.	6 am-9 pm
	Sat	9 am-5 pm

Call for available open swim times 770-222-6700

Swimming Lessons Fall 2013

Session I	Aug 12-29
Session II	Canceled due to Renovation.
Session III	Canceled
Saturday Session	Canceled

Swim lesson registration for Cobb County Residents will be held at 2:00 pm on August 10, 2013.

Non-Cobb resident's registration begins at 2:00 pm August 12th.

South Cobb Aquatic Center

Located at 875 Six Flags Drive in Austell

Hours of Operation:

Mon – Fri	2pm – 9 pm
Sat	9 am – 5 pm
Sun	1 pm – 5 pm

Call for open swim and lap swim times 770-739-3180

Swimming Lessons Fall 2013

Session I	Sept 30 – Oct 17
Session II	Oct 21 – Nov 7
Saturday	Sept 21-Oct 26

Swim lesson registration for Cobb County Residents will be held at 6:00 pm on August 9, 2013.

Non-Cobb resident's registration begins at 9:00 am August 10th

Adult Swim Lessons – Ages 15+**Adult Basics (age 15+)**

This class is designed to teach adults who are uncomfortable in the water. It will teach floating and buoyancy on the stomach and back. Introducing freestyle, back crawl, introduction to deep water, and basic water safety

Fees: \$80.00 (Cobb Res) \$105.00 (Non Cobb)

Central Aquatic Center

61632	Sat	Sept 7–Oct 12	1:00-1:50 PM
61634	T/Th	Sept 10-26	7:00-7:50 PM
61635	T/Th	Oct 1-17	7:00-7:50 PM

South Cobb Aquatic Center

62369	Sat	Sep 21-Oct 26	11:00- 11:50 AM
62368	T/Th	Oct 1-17	6:00- 6:50 PM
62401	T/Th	Oct 22-Nov 7	6:00- 6:50 PM

West Cobb Aquatic Center

61667	T, Th	Aug 13-29	8:10- 9:00 PM
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Adult Basics II (age 15+)

This class is designed to teach adults who have successfully completed Adult Basics 1. It will teach freestyle, back crawl, introduction to deep water, and basic water safety

Fees: \$80.00 (Cobb Res) \$105.00 (Non Cobb)

Central Aquatic Center

62176	Sat	Sept 7–Oct 12	12-12:50 PM
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Adult Stroke Development (age 15+)

This class is for individuals who can swim at least 50 yards of freestyle without stopping and can swim backstroke and breaststroke, and who are comfortable in deep water. This class will teach increased endurance and improved stroke proficiency.

Fees: \$80.00 (Cobb Res) \$105.00 (Non Cobb)

Central Aquatic Center

62126	Sat	Sept 7–Oct 12	11:00-11:50 AM
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Adult Advanced Stroke Development (age 15+)

This class is for individuals who have completed the Adult Stroke Development class and who are comfortable swimming laps and being in deep water. This class will build ones endurance and improve stroke proficiency.

Fees: \$80.00 (Cobb Res) \$105.00 (Non Cobb)

Central Aquatic Center

62127	Sat	Sept 7–Oct 12	10-10:50 AM
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Parent and Child Classes: (ages 6 months – 3 years)**Parent Tot (age 6mos-18mos)**

A parent or guardian accompanies infants. The instructor guides the parent in teaching water adjustment skills such as: kicking, pulling, going under water and blowing bubbles. Swim diapers are mandatory. No disposable diapers please.

Fees: \$40.00 (Cobb Res) \$65.00 (Non Cobb)

Central Aquatic Center

62155	Sat	Sept 7–Oct 12	8:30-9:00 AM
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Mountain View Aquatic Center

62440	T/Th	Aug 13-29	12-12:30 PM
62441	T/Th	Sept 10-26	12-12:30 PM
62442	T/Th	Oct 1-17	12-12:30 PM
62439	Sat	Aug 17 – Sept 21	9-9:30 AM

South Cobb Aquatic Center

62391	Sat	Sep 21-Oct 26	9:00- 9:30 AM
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West Cobb Aquatic Center

61691	M, W	Aug 12-28	11:00- 11:30 AM
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Parent Tot II (age 18mos-3 yrs)

A parent or guardian accompanies infants. The instructor guides the parent in teaching water adjustment skills such as: kicking, pulling, going under water and blowing bubbles. Swim diapers are mandatory. No disposable diapers please.

Fees: \$32.00 (Cobb Res) \$57.00 (Non Cobb)

South Cobb Aquatic Center

62362	Sat	Sept 21- Oct 26	9:00- 9:30 AM
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Preschool Classes (ages: 3-5 years)**Tadpole (age 3-5)**

This class is designed for the true beginner. Water adjustment skills, blowing bubbles, submerging, and water safety are taught in a playful atmosphere

Fees: \$40.00 (Cobb Res) \$65.00 (Non Cobb)

Central Aquatic Center

62164	Sat	Sept 7–Oct 12	9:00-9:30AM
62172	M/W	Sept 9-25	5:00-5:30 PM
62170	M/W	Sept 30-Oct 16	5:00-5:30 PM
62168	T/Th	Sept 10-26	1:00-1:30 PM
62169	T/Th	Oct 1-17	1:00-1:30 PM
62166	T/Th	Sept 10-26	4:00-4:30 PM
62171	T/Th	Oct 1-17	4:00-4:30 PM

Mountain View Aquatic Center

62447	T/Th	Aug 13-29	1-1:30 PM
62450	T/Th	Sept 10-26	1-1:30 PM
62449	T/Th	Oct 1-17	1-1:30 PM
62448	Sat	Aug 17-Sept 21	9:45-10:15 AM

(Tadpole Continued)

South Cobb Aquatic Center

62400	Sat	Sep 21-Oct 26	9:30AM-10:00AM
62397	M, W	Sep 30-Oct 16	4:30PM-5:00PM
62398	T/Th	Oct 1- 17	4:30PM-5:00PM
62399	M, W	Oct 21-Nov 6	4:30PM-5:00PM
62405	T/Th	Oct 22- Nov 7	4:30PM-5:00PM

West Cobb Aquatic Center

61705	M, W	Aug 12-28	11:45 AM -12:15 PM
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Minnow (age 3-5)

This class is for preschoolers who can already put their faces in the water. Kicking, stroking, gliding, floating and jumping in will be taught in a playful atmosphere.

Fees: \$40.00 (Cobb Res) \$65.00 (Non Cobb)

Central Aquatic Center

62154	Sat	Sept 7-Oct 12	9:45-10:15 AM
62146	M/W	Sept 9-25	5:00- 5:30 PM
62147	M/W	Sept 30-Oct 16	5:00- 5:30 PM
62149	T/Th	Sept 10-26	1:45- 2:15 PM
62150	T/Th	Oct 1-17	1:45- 2:15 PM
62152	T/Th	Sept 10-26	4:45-5:15 PM
62153	T/Th	Oct 1-17	4:45-5:15 PM

Mountain View Aquatic Center

62436	T/Th	Aug 13-29	1:45-2:15 PM
62437	T/Th	Sept 10-26	1:45-2:15 PM
62438	T/Th	Oct 1-17	1:45-2:15 PM
62435	Sat	Aug 17-Sept 21	10:30-11 AM

South Cobb Aquatic Center

62390	Sat	Sep 21-Oct 26	9:30AM-10:00AM
62387	M, W	Sep 30-Oct 16	4:30PM-5:00PM
62388	T/Th	Oct 1- 17	4:30PM-5:00PM
62389	M, W	Oct 21-Nov 6	4:30PM-5:00PM
62403	T/Th	Oct 22- Nov 7	4:30PM-5:00PM

West Cobb Aquatic Center

61680	M, W	Aug 12-28	12:30-1:00 PM
61681	M, W	Aug 12-28	6:30-7:00 PM
61689	T, Th	Aug 13-29	6:30-7:00 PM

Seals (age 3-5)

This class is designed for preschoolers who can already swim. The coordination of the flutter kick and alternating arm strokes will be taught. Rhythmic breathing, water safety, and confidence in the water will be stressed.

Fees: \$40.00 (Cobb Res) \$65.00 (Non Cobb)

Central Aquatic Center

62156	Sat	Sept 7-Oct 12	10:30-11:00AM
62158	T/Th	Sept 10-26	2:30- 3:00 PM
62159	T/Th	Oct 1-17	2:30- 3:00 PM
62161	T/Th	Sept 10-26	5:30-6:00 PM
62162	T/Th	Oct 1-17	5:30-6:00 PM

(Seals continued)

Mountain View Aquatic Center

62443	T/Th	Aug 13-29	2:30-3 PM
62444	T/Th	Sept 10-26	2:30-3 PM
62445	T/Th	Oct 1-17	2:30-3 PM
62446	Sat	Aug 17-Sept 21	11:15-11:45 AM

South Cobb Aquatic Center

62396	Sat	Sep 21-Oct 26	9:30AM-10:00AM
62393	M, W	Sep 30-Oct 16	4:30PM-5:00PM
62394	T/Th	Oct 1- 17	4:30PM-5:00PM
62395	M, W	Oct 21-Nov 6	4:30PM-5:00PM
62404	T/Th	Oct 22- Nov 7	4:30PM-5:00PM

West Cobb Aquatic Center

61698	M, W	Aug 12-28	1:15- 1:45 PM
61701	M, W	Aug 12- 28	6:30- 7:00 PM

Learn to Swim Program - Age 5 ½ & up

Level 1 (age 5 ½ - 15)

This class is designed for children 5 1/2 or older who have little or no swimming experience or who have a fear of the water. Basic water safety skills, placing face in the water, propulsion skills with support, and floating are taught at this level.

Fees: \$80.00 (Cobb Res) \$105.00 (Non Cobb)

Central Aquatic Center

62132	Sat	Sept 7-Oct 12	11-11:50 AM
62131	M/W	Sept 9-25	4:00-4:50 PM
62133	M/W	Sept 30-Oct 16	4:00-4:50 PM
62134	T/Th	Sept 10-26	6:00-6:50 PM
62129	T/Th	Oct 1-17	6:00-6:50 PM

Mountain View Aquatic Center

62425	T/Th	Aug 13-29	4-4:50 PM
62426	T/Th	Sept 10-26	4-4:50 PM
62427	T/Th	Oct 1-17	4-4:50 PM
62424	Sat	Aug 17-Sept 21	10-10:50 AM

South Cobb Aquatic Center

62373	Sat	Sep 21-Oct 26	10:10AM-11:00AM
62370	M, W	Sep 30-Oct 16	5:10PM-6:00PM
62371	T/Th	Oct 1- 17	5:10PM-6:00PM
62372	M, W	Oct 21-Nov 6	5:10PM-6:00PM
62402	T/Th	Oct 22- Nov 7	5:10PM-6:00PM

West Cobb Aquatic Center

61669	M, W	Aug 12-28	7:10-8:00 PM
61671	T, Th	Aug 13-29	7:10-8:00 PM

Level 2 (age 6-15)

This class is designed for children who are able to float and glide on their stomach and back, and are comfortable going under water. The front crawl and backstroke are introduced along with rhythmic breathing to the side.

Fees: \$80.00 (Cobb Res) \$105.00 (Non Cobb)

Central Aquatic Center

62141	Sat	Sept 7–Oct 12	12-12:50 PM
62136	M/W	Sept 9-25	4:00-4:50 PM
62137	M/W	Sept 30-Oct 16	4:00-4:50 PM
62139	T/Th	Sept 10-26	6:00-6:50 PM
62140	T/Th	Oct 1-17	6:00-6:50 PM

Mountain View Aquatic Center

62453	M/W	Aug 12-28	4-4:50 PM
62454	M/W	Sept 9-25	4-4:50 PM
62455	M/W	Sept 30-Oct 16	4-4:50 PM
62428	T/Th	Aug 13-29	5-5:50 PM
62429	T/Th	Sept 10-26	5-5:50 PM
62430	T/Th	Oct 1-17	5-5:50 PM
62431	Sat	Aug 17-Sept 21	11-11:50 AM

South Cobb Aquatic Center

62374	Sat	Sep 21-Oct 26	10:10AM-11:00AM
62376	M, W	Sep 30-Oct 16	5:10PM-6:00PM
62377	T/Th	Oct 1- 17	5:10PM-6:00PM
62378	M, W	Oct 21-Nov 6	5:10PM-6:00PM
62379	T/Th	Oct 22- Nov 7	5:10PM-6:00PM

West Cobb Aquatic Center

61673	M, W	Aug 12-28	7:10- 8:00 PM
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Level 3 (age 6-15)

Students must be able to swim 50 yards consisting of backstroke and front crawl with rhythmic breathing to the side. Students must be comfortable swimming in deep water without assistance. Skills taught at this level include improving front crawl and backstroke, elementary backstroke, treading water, diving, and safety skills.

Fees: \$80.00 (Cobb Res) \$105.00 (Non Cobb)

Central Aquatic Center

62142	Sat	Sept 7–Oct 12	9-9:50 AM
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Mountain View Aquatic Center

62456	M/W	Aug 12-28	5-5:50 PM
62457	M/W	Sept 9-25	5-5:50 PM
62458	M/W	Sept 30-Oct 16	5-5:50 PM
62432	Sat	Aug 17-Sept 21	10-10:50 AM

South Cobb Aquatic Center

62382	Sat	Sep 21-Oct 26	10:10AM-11:00AM
62384	T/Th	Oct 1-17	6:00- 6:50 PM
62385	T/Th	Oct 22-Nov 7	6:00- 6:50 PM

West Cobb Aquatic Center

61676	M, W	Aug 12-28	8:10- 9:00 PM
61675	T, Th	Aug 13- 29	7:10- 8:00 PM

Level 4 (age 6-15)

Students must be able to swim 100 yards without stopping (2 laps) including; front crawl with rhythmic breathing, back crawl, and elementary backstroke. Swimmers must be able to swim in deep water without assistance. Skills taught at this level include: improving previously learned strokes, breaststroke, sidestroke, and increased endurance

Fees: \$80.00 (Cobb Res) \$105.00 (Non Cobb)

Central Aquatic Center

62143	Sat	Sept 7–Oct 12	10-10:50 AM
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South Cobb Aquatic Center

62386	Sat	Sep 21-Oct 26	11-11:50 AM
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Mountain View Aquatic Center

62433	Sat	Aug 17-Sept 21	11-11:50 AM
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West Cobb Aquatic Center

61678	M, W	Aug 12-28	8:10- 9:00 PM
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Level 5 (age 6-15)

Student must be able to perform the following strokes: front crawl, back crawl, breaststroke, sidestroke, and elementary backstroke. This class is designed to improve these strokes and prepare students for swim team participation. This class will introduce butterfly, surface dives and springboard diving.

Fees: \$64.00 (Cobb Res) \$89.00 (Non Cobb)

Central Aquatic Center

62144	Sat	Sept 7–Oct 12	11-11:50 PM
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Adult Aqua-Aerobic classes:

Central Aquatic Center

9:00 am	Mon/Wed/Fri	Aerobics
10:00 am	Mon/Wed/Fri	Seniors
5:30 pm	Mon/Wed/Fri	Aerobics

Mountain View Aquatic Center

8:00am	M – F	Aerobics (shallow water)
9:00am	M – F	Aerobics (deep water)
10:00am	M/W/F	Arthritis, AquaFit
10:00am	T/TH	Aerobics (shallow water)
11:00am	M/W/F	Adaptive & arthritis
6:00 pm	M - F	Aerobics (shallow water)

West Cobb Aquatic Center

9:00 am	Mon-Fri	Aerobic (shallow water)
9:10 am	Sat	Aerobic (shallow water)
10:00 am	M/W/F	Low Intensity (shallow)
6:00 pm	Tues	Aerobics (deep water)
6:00 pm	Thu	Aerobics (deep water)
7:00 pm	M/W	Aerobics (shallow water)
11:10am	M/W/F	Low Intensity (shallow)

Aqua-Aerobic Fees:

Adults \$4.50 per class (10-visit pass \$45.00)

Seniors \$2 per class (10-visit pass \$20.00)

Shallow Water:

Low impact, mid to high intensity to get blood flowing. A good aerobic workout with muscle toning

Deep Water:

Enjoy a deep water workout that has no impact on the joints, yet high intensity to burn calories...very cardiovascular...add a little body sculpting and you have a total body workout.

Competitive Diving:

The Central Aquatic Center and West Cobb Aquatic Center host a USA competitive diving team.

For more information contact Bill Humber, Metro Atlanta Diving at 770-528-8465.

Competitive Swimming:

Cobb County Aquatic Facilities host several USA competitive swim teams.

Chattahoochee Gold	770-928-1506
Kennesaw Tidal Wave	770-499-3296
Marietta Marlins	678-899-6888
Stingrays	770-428-3425

Additional Programs

Lifeguard Training - Class is designed to certify individuals in lifesaving, standard first aid and CPRO (CPR for the professional rescuer).

Cardio Pulmonary Resuscitation – Class is designed to certify individuals in the American Red Cross CPRO class

Water Safety Instructor – Class is designed to certify individuals to teach American Red Cross swimming lessons.

Central Aquatic Center 770/528-8465

Mountain View Aquatic Center 770/509-4925

West Cobb Aquatic Center 770/222-6700

South Cobb Aquatic Center 770/739-3180

Call for facilities for dates

Web Site: www.prca.cobbcountyga.gov

Cobb Aquatics

Indoor Facilities

ADMISSION FEES

	Adult	Youth	Senior
	Cobb	Cobb	Cobb
Daily	\$4.50	\$ 3.50	\$ 2.12
10 Visit	\$34.50	\$19.93	\$13.78
Monthly*	\$37.86	\$27.40	\$19.08
Quarterly*	\$103.13	\$60.28	\$42.40
Annual*	\$272.02	\$186.83	\$131.44

A 6% tax will be applied to all admission fees and passes

Family Passes

Size	3 months
4	\$146.28
5	\$161.12
6 +	\$174.90

*(Non-Cobb resident fee is double the pass price w/ a \$25 max)

Web Site: www.prca.cobbcountyga.gov